



CAPE GRACE

Afternoon Tea

Served daily in the Library, from 12:00 until 18:00.

CREAM TEA 90

Home-made scones, strawberry jam and cream served with either loose-leaf tea or coffee.

AFTERNOON TEA 245

Traditional Afternoon Tea for one.

Traditional and savoury scones, a selection of finger sandwiches and irresistible sweet treats. Served with either loose-leaf tea or coffee.

MCC AFTERNOON TEA 325

Traditional Afternoon Tea for one.

Traditional and savoury scones, a selection of finger sandwiches and irresistible sweet treats. Served with a glass of Méthode Cap Classique and either loose-leaf tea or coffee.

CHAMPAGNE AFTERNOON TEA 570

Traditional Afternoon Tea for one.

Traditional and savoury scones, a selection of finger sandwiches and irresistible sweet treats. Served with a glass of French Champagne and either loose-leaf tea or coffee.

FOR THE NOT-SO-HUNGRY 60

Try a slice of our delicious home-made cake.

ALLERGEN STATEMENT

To Our Guests with Allergies

At Cape Grace our menu offerings are subject to change and may use ingredients containing common food allergens such as peanuts and other tree nuts, seafood including fish, molluscs and crustacea, wheat/gluten, eggs, dairy, soy, alcohol and sulphites.

We advise that you should always indicate to your waiter of any special dietary requirements, including intolerances and allergies, regardless of whether you are a returning guest or not.

Where possible, our staff will advise you on alternative dishes. However, while we do our best to reduce the risk of cross-contamination in our restaurants, due to the hand crafted nature of menu items the variety of procedures used in our kitchens, the self-service nature of our buffets and that the farming, handling and transportation of food items prior to their arrival in our kitchens is beyond our control we CANNOT guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.

The information provided on our website and in our restaurants should NOT be considered as any form of guarantee but as a best faith effort to provide you with information on our dishes. You should use this information to help you assess your own level of risk, based on your personal circumstances, before consuming any of our dishes.

Cape Grace Hotel (PTY) Ltd and its staff members, shareholders, subsidiaries, affiliates, officers and/or agents, will not assume any liability for adverse reactions to food consumed, or allergens which you may come in contact with whilst in the hotel.

INFO@CAPEGRACE.COM

WWW.CAPEGRACE.COM



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GREEN GRACE

Loose Leaf Tea Menu

30

Herbal Infusions

CAPE GRACE EXCLUSIVE BLEND

An exclusive blend of herbs, spices, fruit and rooibos and which resonates elegance, humbleness and beauty. Brew for 5 to 6 minutes.

CHAMOMILE FLOWER

Chamomile has been used since the Neolithic age. It is mild and caffeine-free, healthy and relaxing. Brew for 3 to 5 minutes.

HERBAL HIGHMOON

A herbal infusion with hibiscus, blackberry leaves, apple, orange peel, cardamom, cloves and flowers. Brew for 3 to 6 minutes.

Green Tea

SENCHA FUKUJYU - *Japanese Green Tea*

Sencha means "steamed tea". The tea is lightly steamed before it is rolled and dried. The goal is to preserve the freshness and green character of the tea. Brew for 1 minute.

Flavoured White Tea

POMEGRANATE - *flavoured Chinese White Tea*

White tea blended with beautiful pomegranate, cranberry pieces and roses. An elegant, aromatic and deep tea. Brew for 1 to 2 minutes.

Scented Oolong Tea

JASMINE BAI HAO - *Chinese Scented Tea*

A top-quality, semi-fermented tea scented with jasmine blossoms. This tea was formerly reserved for the use of the Imperial Court and a small taste will confirm that it is not your typical jasmine tea. Brew for 3 minutes.

Black Tea

CEYLON PETTIAGALLA OP - *Sri Lankan Black Tea*

A fine Ceylon from the Dimbula area in the Balangoda District. It has a dark red colour and a highly aromatic yet mild taste. An excellent infusion without milk. Brew for 2 to 3 minutes.

Scented and Flavoured Black Tea

EARL GREY BLUE FLOWER - *flavoured black tea*

Named after Charles Grey, the Second Earl Grey in the 18th century, this Chinese black tea is flavoured with bergamot oil (a Sicilian relative of the lemon) and accented with blue cornflowers. Brew for 3 minutes.

Fruit Infusions

STRAWBERRY & KIWI

A fruit infusion of hibiscus, apple, rosehip, kiwi and strawberry pieces. Brew for 6 minutes.

Rooibos Tea

PURE WILD ROOIBOS

Pure Highland rooibos grown wild on the high altitude Cedarberg Mountains. Called the Red Gold of South Africa, this tea offers hints of honey and orange. Brew for 6 minutes.