

a little more relaxation

spa
AT CAPE GRACE

Active month ahead? Taking part in the Cape Town Cycle Tour or Two Oceans Marathon? The Spa at Cape Grace invites you to come and rejuvenate yourself after your race. Choose from one of our 2 promotions running this March and April.



Face and Body

After all your hard work and training, we invite you to lay back and relax whilst enjoying a 30 minute Back, Neck and Shoulder massage or a 30 minute Foot and Calf massage. This is followed by a 30 minute facial to leave you feeling fresh from head to toe.

Cost: R1 280 per person. Duration: 60 min.

Ready, set, relax

Give back to your body by spoiling it with a post-race hot stone massage and muscle gel application. Leave feeling fresh and relaxed, ready for your next workout.

Cost: R1 100 per person. Duration: 60 min.

Please contact The Spa on (021) 410 7140 or by email on spa@capegrace.com to book your treatment. Kindly note that this offer is valid from 1 March 2019 until 30 April 2019.