



The Spa at Cape Grace Treatment Menu



Comfort Zone Skincare

Customized facial	60 min	1 250
Sublime Skin deluxe lifting facial	90 min	1 780
Sublime Skin double peel	60 min	1 330
Comfort Zone express facial	30 min	670
<i>Add on Eye zone treatment</i>	15 min	500

QMS Medicosmetics Skincare

Deep cleansing intense treatment	60 min	1 250
Activator treatment	60 min	1 250
Sensitive skin rebalance	45 min	960
Collagen rejuvenator treatment	90 min	1 830
<i>Pigment corrector treatment</i>	90 min	1 970
Neo-tissue dermie treatment	75 min	1 440
SK Alpha treatment	60 min	1 250
Urban Repair treatment	60 min	1 415
Pure oxygen treatment	60 min	1 560
Skin cell renewal treatment	90 min	2 160
<i>Add on Hand recovery treatment</i>	30 min	530
<i>Add on Oxygen treatment</i>	15 min	360

Kalahari Signature Treatments

Khoi Khoi escape	30 min	730
Rolling Sands massage with Kalahari signature scent	60 min	1 390
Desert glow exfoliation	45 min	590
Sole survival	30 min	500
Hand ritual	30 min	500
Body cocoon	60 min	1 100
Kalahari Honeybush facial	60 min	880
Phyto-compounding facial	60 min	970

Spa Packages

Half day, includes breakfast or light lunch	3hr 30 min	2 600
Full day, includes Afternoon Tea	5hr 30 min	3 400
Kalahari Top-To-Toe	2hr 45 min	2 400

Aromatherapy

Aromatherapy treatment	60 min	1 330	90 min	1 820
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Cupping

Single treatment	45 min	900
<i>3 treatments (45 minutes each)</i>		2 200
<i>6 treatments (45 minutes each)</i>		4 400

Body Treatments

Full body exfoliation	30 min	430
<i>Add on body butter application</i>	15 min	210
Muscle relax body wrap	60 min	1 000
Detox body wrap	60 min	1 000

Massages

Swedish back, neck and shoulder massage	30 min	590	45 min	850
Swedish full body massage	60 min	1 050	90 min	1 490
Deep tissue back, neck and shoulder massage	30 min	720	45 min	930
Deep tissue full body massage	60 min	1 330	90 min	1 820
Hot Stone back, neck and shoulder massage	30 min	720	45 min	930
Hot Stone full body massage	60 min	1 330	90 min	1 820
Reflexology or foot and calf massage	30 min	560	50 min	850
<i>Add on mud and scrub</i>			15 min	390

Grooming - Wax and Tint

Half leg wax / Full leg wax	20 / 30 min	300 / 400
Under arm wax / Arm wax	10 / 20 min	215 / 250
Bikini wax	20 min	250
Brazilian wax	45 min	300
Hollywood wax	45 min	380
Back wax	45 min	300
Chest wax	45 min	380
Brow wax	15 min	130
Lip wax	15 min	130
Chin wax	15 min	160
Eye brow tint	15 min	130
Eye lash tint	15 min	160
Half set of lash extentions / Full set of lash extentions	60 / 120 min	580 / 800

Epilfree - Permanent Hair Reduction Treatment

Lip / Eyebrow wax	15 min	330
Chin wax	15 min	440
Face wax	30 min	660
Under arm wax	20 min	440
Half leg wax	20 min	1 100
Full leg wax	30 min	1 780
Bikini wax	20 min	660
Hollywood wax	45 min	990

Hands and Feet

Express manicure	30 min	355
Manicure	60 min	540
<i>Manicure including a hand mask</i>	75 min	575
Express pedicure	30 min	355
Pedicure	60 min	565
Medi-heel pedicure	60 min	660
<i>Pedicure including a foot mask</i>	75 min	610
Gelish soak off	15 min	100
Gelish manicure	75 min	595
Gelish pedicure	75 min	660
Nail art (per nail)		20

Teens and Tweens - Facials and Massages

Teenagers (12 to 18 years)

Back Massage	30 min	470
Active pureness facial	45 min	590
“Back on Track” back facial	60 min	700

Little one's (11 and under)

Princess facial	30 min	430
Sparkle manicure	30 min	320
Fizzy pedicure	30 min	320

Hair salon

Ladies cut	from	440
Ladies cut, wash and blowdry	from	620
Ladies wash and blowdry	from	410
Ladies colour	from	700
Ladies highlights	from	900
Ladies glamour or bridal up-style	from	890
Four Phase hair treatment	from	450
Keratin repair treatment	from	2 200
Children (up to 12 years)		
Girls cut, wash and blowdry		350