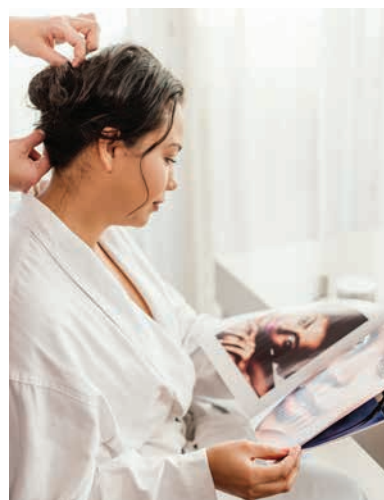


THE SPA AT CAPE GRACE

# Spring into September



A visit to The Spa is always a luxurious treat. After changing into your soft white robe and spongy, cloud-like slippers, it is off to the relaxation area – a beautifully soft-lit room. Here you can indulge in herbal teas and healthy snacks while reclining on a daybed and soaking in the views of the mountain. The steam room and sauna are also available, so enjoy a detoxifying session before or after your treatment.



## Medi-Heel Pedicure

This unique 60 minute treatment covers all aspects of renewing your feet. Kick off with a refreshing foot soak, foot scrub and massage. Sit back whilst your cuticles are taken care off and the nail polish of your choice is applied. You will also receive a gift to take home to extend your spa experience.

Cost: R660 per person. Duration: 60 minutes

## Detox Deluxe

Enjoy a specialised 60 minute massage with targeted cupping therapy for tired winter bodies. We focus on your back to release muscle tension or cellulite areas for detoxification and cleansing. Cupping also improves blood circulation and metabolism, leaving you ready for the new season.

Cost: R1 300 per person. Duration: 60 minutes

## Hair Treatment

Treat yourself to a relaxing hair treatment mask to nourish and repair your hair. Finish your experience with a hair wash and blow-dry and leave our Salon feeling fresh and revitalized.

Cost: R650 per person. Duration: 60 minutes

### *To make your booking:*

- Please contact The Spa on 021 410 7140 or [spa@capegrace.com](mailto:spa@capegrace.com) to book your treatment.
- This offer is valid from 1 - 30 September 2019

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021 410 7140  
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THE LEADING HOTELS  
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